



Weekly Market Report

October 30, 2023

Freight Rates

Outbound produce volume continues to drop in the Midwest and is starting to trend more towards the South and West (McAllen TX, Nogales AZ).

VEGETABLE	SOURCE	MARKET INFORMATION
Arugula	CA	Markets are steady.
Asparagus	Mexico, Peru	Markets remain high as supplies from both Mexico and Peru are still limited.
Baby Kale	CA	Markets are steady.
Baby Lettuce	CA, Guatemala	Baby lettuce supplies are steady.
Baby Spinach	CA	Markets are steady.
Baby Squash	CA, Guatemala	Baby squash is available.
Baby Veg	CA, Guatemala	Supplies are steady.
Beans	VA	Bushel bean - Markets remain elevated and increased holiday demand will remain for the next few weeks.
	GA	Snipped beans - Snipped bean supplies are limited and prices are much higher.
	Guatemala, Peru	French beans - Supplies are steady.
Broccoli	CA	Markets steady.
Broccoli/Cauliflower Florets	CA	Broccoli quality is fair. Cauliflower markets are steady.
Broccolini	CA	Supplies have improved, market a bit lower.
Brussels Sprouts	CA	Growers have finally started to catch up with demand, markets lower.
Cabbage	CA, NY	Markets are steady.
Carrots	AZ, CA, Canada	Canadian and Mexican Jumbos carrots in-house.
Cauliflower	CA	Markets lower with good quality.
Celery	CA	Steady markets with good quality. Expect higher prices as we get closer to the Thanksgiving demand.
Cilantro	CA	Markets steady.
Corn	GA	Markets are slightly higher as we transition into Georgia.
Cucumbers	GA, PA, VA	Markets are slightly higher with supplies starting to finish up locally.
	AZ, CA	Organic Cucumbers – Supplies are good from the west. Eastern are harder to get.
	NJ	Pickle cucumber – Market is higher.
	Canada	European cucumber markets are steady. Mini Cucs markets are steady.
Eggplant	NJ, VA, PA, GA	Market is higher.
Garlic	CA, China	Market is much higher on Chinese garlic.
Ginger	CA, China	Markets are steady.
Greens	MD, NJ	Markets are steady. Local supplies are available.
Green Onions	Mexico	Markets lower.

**Source – States abbreviated, Countries spelled out



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Herbs	United States, Mexico, Colombia	Basil quality will be inconsistent for the next few weeks. All other herb harvests remain fairly consistent at this time; quality and consistency looking strong.
Iceberg Lettuce	CA	Markets lower, quality is good.
Leaf Items	CA	Steady prices.
Mushrooms	PA	Supplies are improving.
Onions	WA, ID	Washington State, Idaho, Mexico, Texas, and Georgia onions in stock. Idaho, Washington and Oregon will come to an end in the next couple weeks. Mexico crop has started, we will begin transitioning from Idaho and Washington into Mexico, Texas and California over the next month. Texas/Mexico growing regions have seen heavy rain this spring. Expect pricing to rise as Old crop runs out and new crop is now slowed.
	PA	PA Simply Sweet Onions – IN STOCK NOW ONI15
Peas	Guatemala, Peru	Markets remain very High. Very limited supplies coming from GT.
Peppers	NJ, VA, PA, GA	Green pepper - Markets remain elevated with supplies slowly improving in southern region.
	Canada	Hot house pepper - Markets are higher. Limited supplies on all colors.
	CA, Mexico, Canada	Red & Yellow peppers – Pricing is steady and quality is good. Mini pepper – Quality is returning. Pricing is level.
Potatoes	WA, ID, DE, Canada	New crop Norkota and Burbank in-house. Most are Norkota. Pricing will remain elevated through the year due to many growers planting less potatoes, creating a shortage. Quality and supply are good.
		Color Potatoes - Red A, White A and White C cartons coming from Delaware and Canada. Limited supply currently. Reds and Yukon bags coming from Delaware and Canada.
		Specialty Potatoes - Fingerlings are steady. We may see some slight quality issues.
Romaine	CA	Steady prices with good quality.
Salad Mixes	CA	All salads are steady and chopped romaine quality is improving.
Spring Mix	CA	Markets are steady.
Squash	NJ, PA, VA	Markets are steady.
	CA, AZ, Mexico	Organic Butternut Squash - Supplies are short but improving. Pricing is still elevated but dropping. Larger squash is now available.
Tofu	US	Supplies are steady.

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FRUITS	SOURCE	MARKET INFORMATION
Apples	WA	Washington apple and pear markets are down as harvest is almost complete.
Avocado	Mexico, Peru, United States	Mexican fruit is in-house. Quality is good, texture is good. pricing is slightly elevated currently.
Banana/Plantain	Various Central & South American	Banana – Quality and supply are good. Pricing is slightly elevated.
		Plantains - Supply is good currently, pricing is level.
Blackberry	Mexico, Guatemala	Limited supplies will keep markets high.
Blueberry	Argentina, Peru	Extremely limited with high prices. Situation may last until mid-November.
Citrus	CA, Mexico	Lemon - Markets are higher. Quality is fair at best.
	California	Orange - Markets are steady, short supply on small fruit 113ct.
	Imported	Clementine/Mandarins - Markets are steady.
	CA, FL	Grapefruit - Market are higher New Crop FL in stock now on, 36ct 56ct.
Grapes	CA	Market remains strong. Prices remain high in CA.
Limes	Mexico	Markets are higher. Rain in Mexico has slowed down picking and sizing on the larger fruit.
Mango	Peru, Brazil	Markets are at Record levels and supplies are very limited. this will continue for several weeks
Melons	CA, AZ	Cantaloupe - Lighter supplies on the west, small AZ fruit will be available next for the next few weeks then will gap until offshore season starts in mid-November.
	CA	Honeydew - Lighter crops causing prices to increase.
	FL, Mexico	Watermelon - Markets are higher as local supplies are done and Florida is a week away from starting.
Pears	WA	Washington apple and pear markets are down as harvest is almost complete. We now have Forelle pears in stock.
Pineapple	Various Central & South American	Supplies are limited on 6ct and 5ct. This will most likely last all season in Costa Rica. Pricing has leveled out.
Raspberries	CA	Lower prices with good quality.
Stone Fruit	California	Black plums are the only stone fruit in stock. Imports will start early 2024.
Strawberries	CA	Quality has been fair at best, with some decay in all. Markets are up as California winds down.

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Tomatoes	FL, Mexico	Round Tomato – Markets are steady and still tight on smaller fruit.
		Roma Tomato – Markets are steady but elevated.
		Grape Tomato – Markets are steady.
		Cherry Tomato – Markets are steady.
	Canada, Mexico	Heirloom Tomato – Market is steady.
		TOV – Markets are steady.
Dairy		Baby heirlooms – Markets are steady, limited supplies.
		Mixed Cherries – Markets are steady, limited supplies.
		Egg markets are steady.
		Cheese markets are steady/slightly lower.
Oils		Butter markets are steady.
		Liquid dairy is now set for the month. Markets are steady.
		Oil markets are steady.